



# HAND-BREADED STYLE FILLETS

U.S. Farm-Raised Heartland Catfish fillets are available in 3-5 oz or portion style fillets. Hand-Breaded Style Fillet transitions directly from freezer to fryer and require a 7 to 8-minute cook time at 350°F.

### Hand-Breaded Style Portion Fillets

Hand-breaded style, heart-healthy and protein rich, Heartland Catfish fillets are mild-flavored and firm-textured, featuring a breading style straight from your kitchen. Fillets are cut to fit a standard bun, great for baskets and other menu items. Fillets are suited for frying at 350°F.

## Hand-Breaded Style 3-5 oz Fillets

Hand-breaded style, heart-healthy and protein rich, Heartland Catfish fillets are mild-flavored and firm-textured, featuring a breading style straight from your kitchen. Fillets are suited for frying at 350°F. These fillets provide a smaller portion of meat that cooks quickly and makes controlling portion sizes easy.

# **Packaging Options**

#### Individually Quick Frozen (IQF)

Our frozen products are Individually Quick Frozen (IQF) in a matter of minutes to preserve their freshness and ensure our customers receive superior-quality catfish year-round. Heartland Catfish Company can freeze all of our production every day in company-owned storage freezers. In fact, we have the largest in-house storage capacity in the industry, at more than 2,000,000 pounds.

- Preserved freshness and appearance
- Maintained nutritional value
- Reduced cross-contamination
- Safe shipping

#### Available Sizes

PRODUCT NUMBER	SIZE	AMOUNT PER 15 lb. BOX
12810	2-3 OZ FILLET	65 TO 78 PIECES
12820	3-5 OZ FILLET	39 TO 65 PIECES
12840	PORTION FILLET	55 TO 77 PIECES



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